

PUB GRUB

AT THE

HAMSTEAD

A CRACKING START

GRAB A STARTER WITH ANY MAIN FOR £2.50

Little plates with mega tastes.
Mix and match your faves for the ultimate spread.
3 PLATES £13 | 5 PLATES £18.50 | 7 PLATES £24.50

Chicken Goujons 6.75
With a sticky BBQ dip. 481 kcal

6 Chicken Wings 7.00
Don't forget your topping:

Korean BBQ Sauce & PEPPADEW® Pepper 270 kcal

🔥 Sticky BBQ Sauce & Spring Onion 264 kcal

🔥 Piri-Piri Hot Sauce & Jalapeños 246 kcal

Hunter's BBQ Chips 6.75
Chips topped with cheese sauce, tender chicken pieces, smoked streaky bacon bits and sticky BBQ sauce. 545 kcal

Crispy Coated Prawns 7.50
With a garlic & herb dip. 452 kcal

Mac & Cheese Bites **🔥 6.50**
With a hot honey Buffalo dip. 352 kcal

Corn Fritters **🌱 4.50**
With a garlic & herb dip. 315 kcal

Tomato & Basil Soup **🔥 6.50**
With bread & butter. 360 kcal

Vegan option available. **🌱 268 kcal**

Halloumi Heat & Sweet **🔥 5.50**
Grilled halloumi coated with sweet chilli sauce. 463 kcal



SHARERS

10 Chicken Wings 7.50 393 kcal
20 Chicken Wings 14.00 786 kcal
30 Chicken Wings 20.50 1178 kcal

Recommended for 1, 2 or 3 people.
Don't forget your topping:

🔥 Korean BBQ Sauce & PEPPADEW® Pepper
+59 kcal / +118 kcal / +177 kcal

🔥 Sticky BBQ Sauce & Spring Onion
+46 kcal / +93 kcal / +139 kcal



🔥 Piri-Piri Hot Sauce & Jalapeños
+18 kcal / +35 kcal / +53 kcal

🔥 Grande Nachos
Tortilla chips loaded with cheese sauce, jalapeños, spring onion, tomato salsa and garlic & herb sauce.

The Feasting Combo 14.00
Crispy coated chicken goujons, chicken wings, Cumberland sausages, garlic bread, beer-battered onion rings, chips, Doritos® and dips. 2908 kcal recommended for 2

LUNCH

LOADED JACKETS

BBQ Chicken 7.25
BBQ pulled chicken with Cheddar, spring onion, bacon flavour bits and butter. 720 kcal

Shroom & Blue **🔥 7.25**
Mushrooms with blue cheese, Cheddar, spring onion and butter. 948 kcal

Cheesy Beans **🔥 7.00**
With butter. 670 kcal
Vegan option available. **VG 528 kcal**

TOASTIES
Dished up with a side of chips.

Bacon Melt 7.25
Smoked streaky bacon and Cheddar. 1028 kcal

Honey Buffalo Brie **🔥 7.25**
Brie, hot honey Buffalo sauce and spring onion. 930 kcal

WRAPS & BAGUETTES

Dished up with a side of chips.
Tortilla wrap +276 kcal
Baguette +331 kcal

BBQ Chicken Melt 9.25
Crispy coated chicken goujons with Cheddar, lettuce and sticky BBQ sauce. 727 kcal

Chicken & Bacon Club 9.25
With lettuce, tomato, Cheddar, spring onion and garlic & herb sauce. 814 kcal

BBQ Chick'n **🔥 9.25**
Buttermilk-style fillet with lettuce, sticky BBQ sauce and garlic & herb sauce. 807 kcal
Vegan option available. **🌱 746 kcal**

Hand-Battered Fish 9.25
With lettuce and tartare sauce. 827 kcal

Brie & Tomato **🔥 9.25**
With mayo, lettuce and tomato salsa. 770 kcal

FREE DRINK WITH YOUR LUNCH

Choose any soft drink with your lunch or upgrade for £1.50 to any draft beer or cider, 175ml glass of house wine or any low & no alcoholic drink.

PUB FAVES

Hand-Battered Fish & Chips 10.00
With peas or mushy peas and tartare sauce.
🔥 peas 1259 kcal **mushy peas** 1271 kcal
[+] Bread & Butter 1.50 +174 kcal

Steak & Ale Pie 11.50
With chips or mash, seasonal veg and gravy.
🔥 chips 1379 kcal **mash** 1215 kcal

Scampi & Chips 9.50
With peas or mushy peas and tartare sauce.
🔥 peas 888 kcal **mushy peas** 900 kcal
Bread & Butter 1.50 +174 kcal

Smoked Haddock & Mozzarella Fishcakes 11.00
With a dressed mixed salad and tartare sauce. 459 kcal

Hearty House Salad **🌱 11.00**
Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa, edamame beans and a garlic & herb dressing. 302 kcal
[+] **Chicken & Smoked Streaky Bacon 2.50** +232 kcal
[+] **Corn Fritters** **🌱 2.50** +275 kcal
[+] **Buttermilk-Style Fillet** **🌱 2.50** +188 kcal

Chicken Tikka Masala 10.00
With pilau rice or chips, naan bread, a poppadom and mango chutney.
🔥 pilau rice 1179 kcal **chips** 1338 kcal
🔥 787 kcal or **vegan** **🌱 686 kcal** option available.

Lasagne 10.00
Beef & pork in a tomato ragù, with garlic bread and a dressed mixed salad. 619 kcal

Mac 'n' Cheese **🔥 9.50**
With garlic bread and a dressed mixed salad. 944 kcal

Hunter's Chicken 10.50
Chicken breast topped with smoked streaky bacon, cheese sauce and sticky BBQ sauce, with chips, half a grilled tomato and peas. 800 kcal
5 Beer-Battered Onion Rings 2.50 +331 kcal

Cumberland Sausage & Mash 10.00
Topped with crispy onion, with peas and onion gravy. 810 kcal

Cauliflower & Red Pepper Curry **🌱 10.50**
🔥 With rice 646 kcal, or swap to chips and make it veggie. **🔥 747 kcal**

Shepherd's Pie 11.00
Lamb in a red wine sauce with carrot, onion and celery, topped with mash and Cheddar, with peas and gravy. 585 kcal

All-Day Breakfast 9.50
Two sausages, two rashers of bacon, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter. 1222 kcal
Veggie option available. **🔥 972 kcal**

ONLY £1.75

DOUBLE YOUR CHIPS OR UPGRADE TO EITHER WAFFLE FRIES OR MASH.

THE GRILL

All our grills are dished up with chips, half a grilled tomato and peas.

Mixed Grill 15.50
Rump steak, gammon steak, chicken breast, Cumberland sausage and a fried egg. 1222 kcal

10oz Rump Steak 16.00
With beer-battered onion rings. 962 kcal

Gammon Steak 11.50
With a fried egg, beer-battered onion rings and grilled pineapple. 1097 kcal

Small Rump Steak 11.50
With beer-battered onion rings. 776 kcal

EXTRAS
[+] **Scampi 2.00** 137 kcal
[+] **5 Beer-Battered Onion Rings** **🔥 2.50** 331 kcal
[+] **Fried Egg** **🔥 1.00** 104 kcal
[+] **Peppercorn Sauce** **🍷 1.50** 74 kcal

THE BIG LEAGUE

Piled high, packed with flavour, and guaranteed to leave you full.
Only the bold need apply.

The Deep South Delight 14.50
Crispy breaded chicken, Cajun chicken wings and chicken goujons, dished up with chips, garlic bread, grilled corn, Cajun gravy and dips. 1794 kcal

The Chippie Feast 13.00
Hand-battered fish, scampi, chips, peas or mushy peas, bread & butter, chip shop curry sauce and tartare sauce. 1674 kcal
🔥 peas +76 kcal **mushy peas** +88 kcal

The Smokehouse Combo 14.00
Half a rack of pork ribs and chicken breast, topped with cheese sauce and sticky BBQ sauce, with chicken wings, garlic bread and chips. 1140 kcal

The Mega Mixed Grill 18.50
10oz rump steak, gammon steak, chicken breast, Cumberland sausage and a fried egg, with chips, half a grilled tomato and peas. 1596 kcal

The Full Monty Fry Up 13.50
Four sausages, four rashers of bacon, four hash browns, two fried eggs, baked beans, mushrooms, grilled tomato, two slices of toast and butter. 2218 kcal

The Curry Banquet 14.50
Chicken tikka masala, and chicken goujons topped with curry sauce in a soft glazed bun, dished up with pilau rice, chips, naan bread, a poppadom and mango chutney. 2088 kcal

CRACKING CURRIES

Turn up the heat with a flavour-packed curry. From mild to wild, enjoy a proper pub fave with a free soft drink, or upgrade for £1.50 to any draft beer or cider, 175ml glass of house wine, or any low & no alcoholic drink.

Beef Madras 11.50
Smooth heat, big flavour. Tender beef and onion in a hot tomato sauce with pilau rice or chips, naan bread, a poppadom and mango chutney.
🔥 pilau rice 1124 kcal **chips** 1283 kcal

Chicken Jalfrezi 10.00
Got a thing for spice? This one's yours. Tikka marinated chicken with chillies, onion, peppers and tomato, with pilau rice or chips, naan bread, a poppadom and mango chutney.
🔥 pilau rice 1029 kcal **chips** 1188 kcal

Lamb Rogan Josh 11.50
Full-on flavour and just enough spice to keep things lively. Marinated lamb with onion and tomato in a medium spiced curry sauce, with pilau rice or chips, naan bread, a poppadom and mango chutney.
🔥 pilau rice 1094 kcal **chips** 1253 kcal

The Curry Banquet 14.50
Chicken tikka masala, and chicken goujons topped with curry sauce in a soft glazed bun, dished up with pilau rice, chips, naan bread, a poppadom and mango chutney. 2088 kcal

Chicken Tikka Masala 10.00
With pilau rice or chips, naan bread, a poppadom and mango chutney.
🔥 pilau rice 1179 kcal **chips** 1338 kcal

Katsu Chicken 11.50
Crispy breaded chicken and curry sauce with rice or chips, peas and spring onion.
rice 917 kcal **chips** 1018 kcal
🔥 Veggie **🔥 787 kcal** or **vegan** **🌱 686 kcal** option available.

Cauliflower & Red Pepper Curry **🌱 10.50**
🔥 With rice 646 kcal, or swap to chips and make it veggie. **🔥 747 kcal**

FREE DRINK with your curry

Choose any soft drink with your curry or upgrade for £1.50 to any draft beer or cider, 175ml glass of house wine any low & no alcoholic drink.

BURGERS

All our burgers come in a soft glazed bun with lettuce, onion and gherkin, dished up with a side of skin-on fries.

The BBQ Mac 11.50
Our big and juicy beef burger with mac 'n' cheese, burger cheese, spring onion, sticky BBQ sauce and burger sauce. 1172 kcal

The Melt 11.00
Our big and juicy beef burger with smoked streaky bacon, burger cheese and burger sauce. 1022 kcal

The Chicken Melt 11.50
Crispy coated chicken burger with smoked streaky bacon, burger cheese and mayo. 1241 kcal

The Fiery Plant **🔥 11.50**
THIS™ Isn't Beef burger with burger cheese, caramelised onion, crispy onion, piri-piri hot sauce and burger sauce. 1050 kcal
🔥 Vegan option available. **VG-M 924 kcal**

PIMP YOUR BURGER
[+] **5 Beer-Battered Onion Rings** **🔥 2.50** 331 kcal
[+] **Smoked Streaky Bacon 1.00** 21 kcal
[+] **Fried Egg** **🔥 1.00** 104 kcal
[+] **Burger Cheese** **🔥 1.00** 41 kcal



HOT DRINKS

Espresso 3.00
1 kcal

Americano 3.00
With milk. 46 kcal

Cappuccino 3.25
47 kcal

Latte 3.25
61 kcal

Pot of Tea 3.00
With milk. 43 kcal

Hot Chocolate 3.25
260 kcal

ALLERGY INFO

Please inform our team of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus don't list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes and drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

🔥 Suitable for vegetarians.

🌱 Suitable for vegans.

🌱+M Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning.

🌱+M Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.

⬇ Contains alcohol.

Calories/nutritional values stated are subject to change. Fish and poultry dishes may contain bones and/or shell. Weights stated are uncooked weights. Our burger cheese is processed.

T&Cs: All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Photography is for guidance.